

Run Your Bells Off For Autism
Main Street, Frostburg, MD
Saturday, Dec. 2, 2023

Proceeds benefit Allegany County Special Olympics. I know that running or volunteering for a foot race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, animals, and headsets are not encouraged in the race and I will abide by this guideline.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Frostburg, the race organizer, Special Olympics of Maryland and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver.

Name: _____

Age: _____

Address: _____

Email: _____

Signature: _____

Parent's Signature if under 18 years: _____